

REGULAR JOE

Choreographer - Unknown

2 wall - 40 count

Suggested music: Just A Regular Joe - Joe Diffie -

1-2 Step forward right, left
3-4 Step forward right, chug left knee
5-6 Step down on left $\frac{1}{4}$ turn left, chug right knee
7&8 Step back on right, step back on left, forward on right

1&2 Left shuffle forward
3-4 Rock forward right, return left
5-6 Step back right turning $\frac{1}{2}$ right, step left forward turning $\frac{1}{2}$ right
7-8 Step back right turning $\frac{1}{2}$ right, step left forward turning $\frac{1}{4}$ right

1-2 Tap right heel forward, hook right over left
3&4 Tap right heel forward, cross left over right
5-6 Step right to right side, step left to left side
7-8 Roll hips from left to right, weight ends on left

1-2 Step right to right side, slide left to right
3-4 Step left to left side, slide right to left
5-7 Repeat

1-2 Kick right forward x 2
3-4 Step back on right, clap
5-8 Body roll (hip rolls) 4 counts

Prepared by Kathy Brown from a old handwritten copy from when she was a student.