

Tijuana Sunrise

Choreographed by Gordon Timms (UK) January 2006

64 Count 4 Wall Intermediate Line Dance 16 Counts Intro...

Music to "RISE" by Herb Alpert and the Tijuana Brass - Shortened Version!

Source CD - "RISE" Start the dance with right foot slightly forward!

SECTION 1 HIP BUMPS FORWARD AND BACK IN PLACE, TWO WALKS, STEP HALF TURN RIGHT, STEP

1 & 2 On the spot...Bumps hips forward right, left, right.

3 & 4 On the spot...Bumps hips back left, right, left. (Weight on the left foot)

5 - 6 Walk forward right and left...

7 & 8 Step forward on right, recover back on to left, and turn half turn right stepping forward on the right. Faces 6.00

SECTION 2 MAMBO STEP, RIGHT COASTER STEP, PIVOT HALF TURN, KICK BALL POINT.

1 & 2 Step forward on to left, recover on to right, step left next to right.

3 & 4 Right Coaster Step. (Back on right, step together with left, step forward on right)

5 - 6 Step Forward Left and pivot half turn right on balls of both feet - weight ends on right

7 & 8 Kick left foot forward (low) step left next to right, point right toe to right side. (Weight on left.) Faces 12.00

SECTION 3 SAILOR STEP, SAILOR STEP QUARTER TURN, STEP HALF TURN PIVOT LEFT WITH DRAG, LEFT FORWARD SHUFFLE.

1 & 2 Right Sailor Step in place, stepping right left and right.

3 & 4 Left Sailor Step Quarter Turn, stepping left right and left (Turn quarter turn left on the 2nd step!)

5 - 6 Step forward on right, pivot half turn left on the balls of both feet, drag left foot across right toe.

7 & 8 Left Forward Shuffle...left right and left. Faces 3.00

SECTION 4 KICK BALL CROSS X 2, ROCK AND RECOVER, STEP BEHIND, STEP TO SIDE, STEP FORWARD

1 & 2 Travelling to the right...Kick right foot forward (low) step right next to left, cross left over right.

3 & 4 Travelling to the right...Kick right foot forward (low) step right next to left, cross left over right.

5 - 6 Rock to the right side on the right and recover on left.

7 & 8 Travelling to the left. Step right behind left, step left to left side, step right slightly forward. Faces 3.00

SECTION 5 HIPS BUMPS FORWARD ON DIAGONALS, ROCK AND RECOVER, LEFT COASTER STEP WITH A QUARTER TURN LEFT.

1 & 2 Travelling forward ...Step Forward on left foot at 45° bumping hips left, right and left.

3 & 4 Travelling forward ...Step Forward on right foot at 45° bumping hips right, left, and right.

5 - 6 Rock forward on left and recover

7 & 8 Left Coaster Step, with a quarter turn left. (Turn quarter turn left on the 2nd step!) Faces 12.00

SECTION 6 MAMBO STEP, LEFT COASTER STEP, ROCK AND RECOVER, HALF TURN RIGHT WITH A TRIPLE STEP.

- 1 & 2 Step forward on right and recover on to left, step right next to left.
- 3 & 4 Left Coaster Step. (Back on left, step together with right, step forward on left)
- 5 - 6 Rock forward on to right, recover on to left.
- 7 & 8 Turn Half Turn right with a Triple step. Right, Left, Right. Weight on right! Faces 6.00

SECTION 7 KICK BALL STEP, KICK BALL TOUCH, WALK BACK RIGHT AND LEFT, RIGHT COASTER STEP

- 1 & 2 Kick left foot forward (low) step left next to right, step right slightly forward. (Weight on the right).
- 3 & 4 Kick left foot forward (low) step left next to right, touch right toe next to left instep. Weight on the left)
- 5 - 6 Two Walks, Walk backwards right and left.
- 7 & 8 Right Coaster Step. (Back on right, step together with left, step forward on right)
Faces 6.00

SECTION 8 LOCK STEPS FORWARD ON DIAGONALS, ROCK AND RECOVER, THREE QUARTER TURN LEFT WITH A TRIPLE STEP.

- 1 & 2 Step forward and cross left foot over right angling body at 45°, lock right behind left, step forward on left.
- 3 & 4 Step forward and cross right foot over left angling body at 45°, lock left behind right, step forward on right.
- 5 - 6 (Straighten up your bodyline) Rock forward on left and recover.
- 7 & 8 Turn three quarter turn left with a triple step. Weight ends on left ready to start the dance again... Faces 9.00

END OF DANCE

Suggestion: If you haven't got the shortened version of the track - unless you want to dance the FULL 7.37 seconds! – fade the music somewhere after 3.50 facing the front wall?
NO BRIDGES...NO TAGS...NO RE-STARTS...JUST REAL GOOD FUNKY LATIN MUSIC....

ENJOY THE DANCE!