

IN MY HEART

Choreographed by Gordon Timms (UK)

JANUARY 2005

48 Count 4 Wall Intermediate Line Dance

Music to "A PLACE IN MY HEART" – LIZ ABELLA 112 bpm

CD'S "Blues On The Loose" Vol.2 – "Late Night Heat" – "Cool City Heat"

SEQUENCE: Dance A AB A A AB A A AB A A

SEQUENCE "A"

SECTION 1 *Rock and recover, Basic Cha Cha Step, Rock and recover, Basic Cha Cha step*

1 - 2 Rock Forward on the left, recover back on to right.

3 & 4 Basic cha cha steps moving slightly backwards, step left right left with hips please!

5 - 6 Rock Back on the right, recover back on to left.

7 & 8 Basic cha cha steps moving slightly forwards, step right left right with hips please!

Faces 12.00

SECTION 2 *Step Half Turn right, Turn half right turning shuffle, Rock and recover, Kick ball point.*

1 - 2 Step forward on the left, pivot half turn right.

3 & 4 Turning half turn right again with a Left Shuffle slightly backwards.

5 - 6 Rock back on the right foot, recover on to left.

7 & 8 Low kick forward with right foot, (toe points down) replace weight on right, point left to left side.

Faces 12.00

SECTION 3 *Point Touches, Kick Ball Point, Knee Pops, Quarter turn right, Coaster step.*

1 - 2 Touch point left in front of right, touch point left to left side.

3 & 4 Low kick forward with left foot, (toe points down) replace weight on left, point right to right side.

5 - 6 Pop right knee in towards left for (5) Pop knee out & on balls of both feet swivel ¼ turn right for (6)

7 & 8 Follow through with a right coaster step, R-L-

Faces 3.00

SECTION 4 *Step pivot half turn right, Left Forward Shuffle, Rock and recover, Basic Cha Cha step.*

1 - 2 Step forward on left pivot half turn right.

3 & 4 Left Forward Shuffle, L-R-L

5 - 6 Rock forward on the right, recover weight back to the left...

7 & 8 Basic cha cha moving slightly to the right, step right left right with hips please!

Faces 9.00

End of main dance sequence...

SEQUENCE "B"

SECTION 1 *Long step left, Hold, Extended Left chassé, Cross Rock, Step and touch.*

- 1 - 2 Step long step to the Left hold for one count.
3 & 4 & Extended left chassé stepping – right, left, right, left
5 - 6 Cross rock right over left, recover weight on to the left.
7 - 8 Step right to right side step left next to right. (weight on left)

Faces 6.00

SECTION 2 *Long step Right, Hold, Extended Right chassé, Cross Rock, Step and touch.*

- 1 - 2 Step long step to the Right hold for one count.
3 & 4 & Extended right chassé stepping – left, right, left, right.
5 - 6 Cross rock left over right; recover weight on to the right
7 - 8 Step left to left side step right next to left. (weight on right)

Faces 6.00

BRIDGE: There is a 4 count bridge to be added to Sequence A on some of the walls!

The bridge occurs on walls = 3.00 first visit! – then at 6.00 - 3.00 – 9.00 at the second visit!

- 1 – 2 Step left to left side, step touch right next to left.
3 & 4 Step right to right, close left to right, step right. (Right Chassé)

FINISH

You will finish the dance on the 6.00 wall - to face the front, do the first two counts of the bridge... Then replace the Right Chassé with a Half Turn Right sailor step.

ENJOY THE DANCE!