

Sweet Chariot * Step Description

32 Count 2 Wall High Beginner / Intermediate Line Dance

Instructor: Rose Haven

Choreographed by Jo Thompson Szymanski

Music: Swing Low Sweet Chariot - Scooter Lee CD "Go to the Rock"

Newbies/Beginners will do TX Barefootin' Double Time

(Note: Wait for the slow vocal intro, then there will be 8 heavy beats, start on the word "Swing")

TRIPLE RIGHT, ROCK BACK, RECOVER, TRIPLE LEFT, ROCK BACK, RECOVER

- 1&2 Step Right foot to right side (1), Step together with Left foot (&),
Step Right foot to right side (2).
- 3-4 Rock back with Left foot (3), Replace weight forward to Right foot (4).
- 5&6 Step Left foot to left side (5), Step together with Right foot (&),
Step Left foot to left side (6).
- 7-8 Rock back with Right foot (7), Replace weight forward to Left foot (8).

DIAGONAL, TOUCH, KICK BALL CHANGE, DIAGONAL, TOUCH, KICK BALL CHANGE

- 1 Step Right foot forward to right diagonal.
- 2 Touch ball of Left foot beside Right, keep weight on Right foot.
Note: The diagonal step on count 1 can be a slightly larger step for emphasis.
- 3&4 Kick Left foot forward (3), Rock back with ball of Left (&), Recover weight
forward to Right foot (4).
- 5 Step Left foot forward to Left diagonal.
- 6 Touch ball of Right foot beside Left, keep weight on Left foot.
Note: The diagonal step on count 5 can be a slightly larger step for emphasis.
- 7&8 Kick Right foot forward (7), Rock back with ball of Right (&), Recover weight
forward to Left foot (8).
- Note: During the above 8 counts, keep your body facing forward.

FORWARD ROCK, BACK ROCK, TWO 1/4 TURNS LEFT

- 1-2 Rock forward with Right foot (1), Recover weight back to Left foot (2).
- 3-4 Rock back with Right foot (3), Recover weight forward to Left foot (4).
- 5-6 Step forward with Right foot (5), Turn 1/4 Left, shift weight to left foot (6).
- 7-8 Step forward with Right foot (7), Turn 1/4 Left, shift weight to left foot (8).

WALK FORWARD 3 STEPS, KICK AND CLAP, BACK 2, COASTER STEP

- 1-3 Step forward with Right (1), Step forward with Left (2), Step forward with Right (3).
- 4 Kick forward with Left foot, clap hands and say whooo!
- 5-6 Step back with Left foot (5), Step back with Right foot (6).
- 7&8 Step back with Left foot (7), Step together with Right (&), With Left foot,
step forward and slightly across in front of Right.

Start again from the beginning.

