

# CAPONE

CHOREOGRAPHERS: The Girls (Maureen & Michelle) [thegirls2ms@hotmail.com](mailto:thegirls2ms@hotmail.com)

DESCRIPTION: 64 count, 4 wall, Beginner/Intermediate Line Dance

MUSIC: 'Capone' by Ronan Hardiman (112, 149 & 108 bpm) CD: 'Celtic Tiger'.

Intro: 16 counts from beat

*'Capone's' steps are very easy - these steps are danced to 3 different tempos. Tempo changes link with the Jazz Box sections of the dance which are very easy to identify in the music. The dance sequence is given at the end of the script. It really is very easy! Capone is choreographed to the track of the same name from Michael Flatley's Celtic Tiger album. It is a dance with a difference as it contains 3 different tempos. The steps, however, are easy and it is also very easy to identify tempo/section changes in the music - you don't need to memorize the sequence. The challenge is simply to adjust the same steps to different tempos. The dance finishes facing the front, arms up, and you feel like you've just danced in a Broadway show.*

*Many thanks,*

*Maureen & Michelle*

## **CLICK SECTION**

### **FULL PADDLE TURN, CROSS-TOUCH X4**

1-2 On ball of left make ¼ turn left and rock right to right (push hips right), recover onto left and click fingers

3-8 Repeat counts 1-2 three times

9-10 Step right diagonally forward across left, touch left beside right and angle body towards right diagonal, clicking right fingers

11-12 Step left diagonally forward across right, touch right beside left and angle body towards left diagonal, clicking right fingers

13-16 Repeat counts 9-12

## **MAIN DANCE**

### **ROCK, BACK SHUFFLE, BACK, KICK, PRISSY STEPS**

1-2 Rock right forward, recover onto left

3&4 Shuffle back stepping right, left, right

5-6 Step left behind right heel, bending knees, kick right forward straightening knees

7-8 Step right forward and slightly across left, step left forward and slightly across right

### **CROSS, BACK, SIDE SHUFFLE, CROSS ROCK, LARGE STEP, DRAG**

9-10 Step right across left, step left back 11&12 Step right to right, step left beside right, step right to right

13-14 Rock left across (keeping body facing forwards), recover onto right

15-16 Step left large step left, drag right to touch beside left

### **STEP, KICK, COASTER, STEP, ½ PIVOT, STEP, DRAG**

17-18 Step right forward, kick left forward

19&20 Step left back, step right beside left, step left forward

21-22 Step right forward, pivot ½ turn left

23-24 Step right forward, drag left to touch beside right

**SIDE, SCUFF ¼ TURN, STEP, SCUFF, ROCK, RECOVER, ½ TURN, SCUFF**

25-26 Step left to left, scuff right across left and make ¼ turn left

27-28 Step right forward, scuff left forward

29-30 Rock left forward, recover onto right

31-32 On ball of right make ½ turn left and step left forward, scuff right forward

**JAZZ BOX SECTION**

**JAZZ BOX IN TOE STRUTS WITH ¼ TURN RIGHT**

1-2 Step right toe across left, drop right heel

3-4 Step left toe back, drop left heel

5-6 Make ¼ turn right and step right to right, drop right heel

7-8 Step left toe beside right, drop left heel

**MODIFIED JAZZ BOX WITH ¼ TURN LEFT**

9-10 Step right toe across left, drop right heel

11-12 Step left toe back, drop left heel

13-14 Step right to right, touch left beside right

15-16 Make ¼ turn left and step left forward, touch right beside left

**ENDING**

**ROCK, COASTER**

1-2 Rock right forward, recover onto left

3&4 Step right back, step left beside right, step right forward and throw arms up into air

DANCE SEQUENCE - (all sections clearly identifiable in the music)

CLICK SECTION - (tempo 112 bpm)

MAIN DANCE x 2

CLICK SECTION

MAIN DANCE x 2

JAZZ BOX SECTION -(tempo changes to 149 bpm)

MAIN DANCE x 7

COUNTS 1-8 ONLY OF JAZZ BOX SECTION - (tempo changes to 108 bpm)

MAIN DANCE x 2

ENDING