

# *Fast Forward*

Choreographed by Kathleen Slattery

Description: 40 count, 4 wall, beginner/intermediate line dance

Music: Living In Fast Forward by Kenny Chesney [ 117 bpm WCS /

CD: The Road and the Radio ]

Get It While It's Hot by Bagman

## **ROCK, RECOVER, RIGHT SAILOR, TURN (OR WALK, WALK), MAMBO**

1-2 Side rock on right, recover on left

3&4 Right sailor step

5-6 Full turn to right or walk left, walk right

7&8 Left forward mambo step

## **STEP ½ TURN LEFT, RIGHT SHUFFLE, ROCK, RECOVER, CROSS, STEP, CROSS**

1-2 Step forward on right, ½ turn left

3&4 Right shuffle

5-6 Side rock on left, recover on right

7&8 Left foot behind right, right foot to right side, left foot cross over right

## **RIGHT VINE WITH A TRIPLE, CROSS ROCK, RECOVER ¼ LEFT TRIPLE**

1-2 Right foot to right side, left foot behind right

3&4 Right side shuffle

5-6 Rock left over right

7&8 ¼ turn to left with a triple

## **FULL TURN LEFT (OR WALK RIGHT, WALK LEFT), RIGHT SHUFFLE, ROCK, RECOVER, COASTER**

1-2 Full turn to left or walk, walk

3&4 Right shuffle forward

5-6 Rock forward on left, recover on right

7&8 Left coaster

## **STEP ½ TURN LEFT, SHUFFLE, STEP ½ TURN RIGHT, SHUFFLE**

1-2 Step right foot forward, ½ turn left

3&4 Right shuffle forward

5-6 Step left foot forward, ½ turn right

7&8 Left shuffle forward

REPEAT

Choreographer Contact Information:

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