

Ain't You Glad

Choreographed by: Teri Rogers

Description: 48 Count 4-Wall beginner line dance no tags, no restarts, no bridges

Music: California Girls, Gretchen Wilson CD: All Jacked Up

Start on the word "there's"

1-8 Cross Rock, Recover, Right side shuffle, Cross Rock, Recover, Shuffle Left

1-2 Cross rock right foot over left, recover back on left.

3&4 Step right foot to right, step left foot next to right, step right foot to right

5-6 Cross rock left foot over right, recover back on right

7&8 Step left foot to left, step right foot next to left, step left foot to left

9-16 Jump Forward, Clap, Jump Back, Clap, Hip Rolls (Around the World)

&1-2 Jump forward on right, step left next to right, clap

&3-4 Jump back on right, step left next to right, clap

5-6 Roll hips around from right to left shifting weight from right foot to left

7-8 Roll hips around from right to left shifting weight from right foot to left

17-24 Forward Shuffle, ½ Turn Right, Forward Shuffle, ½ Turn Left

1&2 Step right foot forward, step left foot next to right, step right foot forward

3-4 Step forward on left, pivot ½ right

5&6 Step left foot forward, step right foot next to left, step left foot forward

7-8 Step forward on right, pivot ½ left

25-32 Rocking Chair, Vine Right, Scuff

1-2 Rock forward on right foot, recover back on left

3-4 Rock back on right foot, recover forward on left

5-6 Step right feet to right side, step left foot crossed behind right

7-8 Step right feet to right side, scuff left foot

33-40 Rocking Chair, Vine left ¼ turn left, Scuff

1-2 Rock forward on left foot, recover back on right

3-4 Rock back on left foot, recover forward on right

5-6 Step left foot to left side, step right foot crossed behind left

7-8 Turn ¼ left steps left foot forward, scuff right foot

41-48 Modified Jazz Box

1-2 Cross right toe over left, drop heel

3-4 Touch left toe back, drop left heel

5-6 Touch right toe to right side, drop right heel

7-8 Touch left toe next to right, drop left heel (weight on left foot)

Repeat