

# Red Hen Hop

CHOREOGRAPHED AUGUST 2008 BY JOHN H. ROBINSON, LOUISVILLE, KENTUCKY, USA; JUNIOR WILLIS, BEAN STATION, TENNESSEE, USA;  
AND JOANNE BRADY, HOCKESSIN, DELAWARE, USA

---

**DESCRIPTION:** 4-Wall Novelty Line Dance, High Beginner, 48 Counts, 51 Movements

**MUSIC:** *Red Hen Hop* by The Louvin Brothers ("Country Love Ballads" CD, also available as a legal download on iTunes).

Start 16 counts in, with the vocals of the first verse: "There's a little red hen..."

## COUNT/CALL/DESCRIPTION

### TOE STRUTS, KNOCK-KNEED WALKS WHILE FLAPPING WINGS

- |      |                    |  |
|------|--------------------|--|
| 1,2  | <b>Right strut</b> | R toe touch forward (1), R step down shifting weight forward (2)   |
| 3,4  | <b>Left strut</b>  | L toe touch forward (3), L step down shifting weight forward (4)   |
| &5&6 | <b>Walk, walk</b>  | Bend knees out slightly lifting R foot (&), R step forward bending knees in (5), bend knees out slightly lifting L foot (&), L step forward bending knees in (6) |
| &7&8 | <b>Walk, walk</b>  | Bend knees out slightly lifting R foot (&), R step forward bending knees in (7), bend knees out slightly lifting L foot (&), L step forward bending knees in (8) |

*Fun styling: Make loose fists and tuck right thumb in right armpit and left thumb in left armpit, with elbows straight out, perpendicular to floor. Now, flap wings slowly on the toe struts, then quickly on the knock-kneed walks!*

### R KICK OUT, SLOW SAILOR STEP TURNING 1/4 LEFT, L KICK OUT, SLOW SAILOR STEP

- |     |                      |   |
|-----|----------------------|---|
| 1,2 | <b>Kick, behind</b>  | R kick out to right side (1), R step behind L (2)                     |
| 3,4 | <b>Turn, step</b>    | L step forward into 1/4 turn left (9:00) (3), R step side right (4)   |
| 5,6 | <b>Kick, behind</b>  | L kick out to left side (5), L step behind R (6)                      |
| 7,8 | <b>Side, replace</b> | R step side right (7), L step forward shoulder-width apart from R (8) |

### SLOW QUARTER PIVOTS

- |     |                    |   |
|-----|--------------------|---|
| 1,2 | <b>Step, hold</b>  | R step forward (1), hold position (2)                             |
| 3,4 | <b>Pivot, hold</b> | Pivot 1/4 left (6:00) shifting weight to L (3), hold position (4) |
| 5,6 | <b>Step, hold</b>  | R step forward (5), hold position (6)                             |
| 7,8 | <b>Pivot, hold</b> | Pivot 1/4 left (3:00) shifting weight to L (7), hold position (8) |

*Fun styling: Swing right arm out and up on count 1, snap fingers on count 2; swing right arm down and across stomach on count 3, snap fingers on count 4. Repeat for counts 5-8.*

### STRUTTING JAZZ BOX, DOUBLE KICK

- |     |                    |   |
|-----|--------------------|---|
| 1,2 | <b>Cross strut</b> | R toe touch across L (1), R step down (2)   |
| 3,4 | <b>Back strut</b>  | L toe touch back (3), L step down (4)       |
| 5,6 | <b>Side strut</b>  | R toe touch side right (5), R step down (6) |
| 7,8 | <b>Kick, kick</b>  | L kick across R twice (7,8)                 |

### SYNCOPATED JUMP FORWARD, CLAP, SYNCOPATED JUMP BACK, CLAP, STEP OUT L-R, SHAKE YOUR TAIL FEATHERS

- |      |                          |   |
|------|--------------------------|---|
| &1,2 | <b>Left-right, clap</b>  | L step quickly forward diagonally left (&), R touch next to L (1), hold position/clap (2) |
| &3,4 | <b>Right-left, clap</b>  | R step quickly back diagonally right (&), L touch next to R (3), hold position/clap (4)   |
| 5,6  | <b>Out, out</b>          | L step out to left side (small step) (5), R step out to right side (small step) (6)       |
| 7&8  | <b>Shake &amp; shake</b> | Shake hips left (7), right (&), left (8) (weight ends on L)                               |

*Fun alternate step: On counts 7&8, squat slightly and pretend you're laying an egg. Cackle loudly if you wish. Be sure to straighten up as you begin the final set of 8.*

### HEEL GRINDS R-L (TRAVELING FORWARD), HEEL DIG, SLOW COASTER STEP

- |     |                          |  |
|-----|--------------------------|--|
| 1,2 | <b>Heel grind</b>        | R heel touch forward turning toe slightly left (1), R heel grind into floor, turning toe out to right side and placing weight on R (2) |
| 3,4 | <b>Heel grind</b>        | L heel touch forward turning toe slightly right (3), L heel grind into floor, turning toe out to left side and placing weight on L (4) |
| 5,6 | <b>Heel, back</b>        | R heel dig forward (rock onto heel) (5), L step slightly back (6)  |
| 7,8 | <b>Together, forward</b> | R step back next to L (7), L step forward (8)  |

**START AGAIN AND ENJOY!**