

Circle of Life

Choreographer: Carolyn Robinson, flrkilr@comcast.net

Music: The Circle of Life, by the Disney Stars (from The Lion King Soundtrack 2 cds)

Easy Intermediate, Phrased, 2 wall dance

SECTION A:

STEP, TOGETHER, STEP, TOUCH W/ CLAP (RIGHT & LEFT)

- 1 Side step right
- 2 Step left beside right
- 3 Side step right
- 4 Touch left beside right & clap
- 5 Side step left
- 6 Step right beside left
- 7 Side step left
- 8 Touch right beside left & clap

RIGHT HEEL TAPS FORWARD, TOE TAPS BEHIND, VINE RIGHT

- 1,2 Tap right heel forward x 2
- 3,4 Tap right toe back x 2
- 5 Side step right
- 6 Step left slightly behind right
- 7 Side step right
- 8 Touch left beside right

LEFT HEEL TAPS FORWARD, TOE TAPS BEHIND, VINE LEFT

- 1,2 Tap left heel forward x 2
- 3,4 Tap left toe back x 2
- 5 Side step left
- 6 Step right slightly behind left
- 7 Side step left
- 8 Touch right beside left

SIDE STEP, CLAP, TOUCH, CLAP (RIGHT & LEFT)

- 1,2 Side step right, Clap
- 3,4 Touch left beside right, Clap
- 5,6 Side step left, Clap
- 7,8 Touch right beside left, Clap

SECTION B: (Chorus)

360 TURN LEFT W/ ARMS

- 1, 2 Pivot left foot, slide right foot to begin circle left
Right foot moves 1/4 turn. Move hips counter clockwise.
Raise arms above head and circle arms counter clockwise.
- 3,4 Repeat 1,2
- 5,6 Repeat 1,2
- 7,8 Repeat 1,2

STEP SLIDES X 4

- 1,2 Step left to back diagonal, Slide right & touch
- 3,4 Step right to back diagonal, Slide left & touch
- 5,6 Step left to back diagonal, Slide right & touch
- 7,8 Step right to back diagonal, Slide left & step down

SMALL LEAPS FORWARD

1,2 Angle toward left diagonal, side step right, step left beside right

3,4 Repeat 1,2

5,6 Repeat 1,2

7,8 Repeat 1,2

(Use your arms to as an animal's paws to help show a leaping motion)

TOE HEEL STRUTS (MOVING RIGHT & FACING 12:00)

1,2 Side step right toe, Slap right heel down

3,4 Cross step left toe, Slap left heel down (in front of right)

5,6 Side step right toe, Slap right heel down

7,8 Cross step left toe, Slap left heel down (in front of right)

RIGHT HITCH, LEFT HITCH, RIGHT HITCH X 2

1,2 Hitch right foot right, Step right

3,4 Hitch left foot left, Step left

5,6 Hitch right foot right, Touch right

7,8 Hitch right foot right, Step right

LEFT HITCH, LEFT HITCH, LEFT HITCH X2

1,2 Hitch left foot left, Step left

3,4 Hitch right foot right, Step right

5,6 Hitch left foot left, Touch left

7,8 Hitch left foot left, Step left

HALF TURN LEFT W/ARMS

1,2 Pivot left foot, slide right foot to begin half circle left 1/8 turn

Move hips counter clockwise.

Raise arms above head and circle arms counter clockwise

3,4 Repeat 1,2

5,6 Repeat 1,2

7,8 Repeat 1,2 (Now facing 6:00)

STEP SLIDES X 4

1,2 Step left to back diagonal, Slide right & touch

3,4 Step right to back diagonal, Slide left & touch

5,6 Step left to back diagonal, Slide right & touch

7,8 Step right to back diagonal, Slide left & step down

Repeat one more time, then:

STEP, TOGETHER, STEP, TOUCH W/ CLAP (RIGHT & LEFT)

1 Side step right

2 Step left beside right

3 Side step right

4 Touch left beside right & clap

5 Side step left

6 Step right beside left

7 Side step left

8 Touch right beside left & clap

RIGHT HEEL TAPS FORWARD, TOE TAPS BEHIND, VINE RIGHT

1,2 Tap right heel forward x 2

3,4 Tap right toe back x 2

5 Side step right

6 Step left slightly behind right

7 Side step right

8 Touch left beside right

LEFT HEEL TAPS FORWARD, TOE TAPS BEHIND, VINE LEFT

1,2 Tap left heel forward x 2

3,4 Tap left toe back x 2

5 Side step left

6 Step right slightly behind left

7 Side step left

8 Touch right beside left

SIDE STEP, CLAP, TOUCH, CLAP (RIGHT & LEFT)

1,2 Side step right, Clap

3,4 Touch left beside right, Clap

5,6 Side step left, Clap

7,8 Touch right beside left, Clap

STEP, TOGETHER, STEP, TOUCH W/ CLAP (RIGHT & LEFT)

1 Side step right

2 Step left beside right

3 Side step right

4 Touch left beside right & clap

5 Side step left

6 Step right beside left

7 Side step left

8 Touch right beside left & clap

SECTION B: (Chorus)

360 TURN LEFT W/ ARMS

1, 2 Pivot left foot, slide right foot to begin circle left

Right foot moves 1/4 turn. Move hips counter clockwise.

Raise arms above head and circle arms counter clockwise.

3,4 Repeat 1,2

5,6 Repeat 1,2

7,8 Repeat 1,2

STEP SLIDES X 4

1,2 Step left to back diagonal, Slide right & touch

3,4 Step right to back diagonal, Slide left & touch

5,6 Step left to back diagonal, Slide right & touch

7,8 Step right to back diagonal, Slide left & step down

SMALL LEAPS FORWARD

1,2 Angle toward left diagonal, side step right, step left beside right

3,4 Repeat 1,2

5,6 Repeat 1,2

7,8 Repeat 1,2

(Use your arms to as an animal's paws to help show a leaping motion)

TOE HEEL STRUTS (MOVING RIGHT & FACING 12:00)

1,2 Side step right toe, Slap right heel down

3,4 Cross step left toe, Slap left heel down (in front of right)

5,6 Side step right toe, Slap right heel down

7,8 Cross step left toe, Slap left heel down (in front of right)

End, hands behind back, head lowered.....