Breathless

Choreographed by Lori Pung, lpungcpa@aol.com, Midland, Michigan, November 2004
Description: 32 count, two wall, intermediate line dance
Music: Lose My Breath, Destiny's Child (preferred), When I See You, Macy Gray

Toe Heel Struts (2x's), Kick-ball-point (2x's) (move forward slightly on this set of 8)
1-2 Touch left toe forward, drop left heel taking weight
3-4 Touch right toe forward, drop right heel taking weight
5&6 Kick left foot forward, step left foot next to right, point right toe out to right side
7&8 Kick right foot forward, step right foot next to left, point left toe out to left side

Heel swivels with ¼ turn left, coaster step, scuff-hitch-step, point-point-touch
1& Swivel left heel in on 1, swivel left heel out on & (remain facing 12:00)
2 Swivel both heels ¼ to right, while making a ¼ turn left (turning to 9:00), weight remains on right foot
3&4 Step left back, step right next to left, step left forward
5&6 Scuff right foot forward, hitch right knee, step right slightly in front of left
7&8 Point left toe to left side (leg fully extended), point left toe to left side (leg partially extended, bringing left toe toward right leg), tap left toe next to right foot

Point-turn, step lock step, rock recover, toe behind turn
1-2 Point left toe to left side, roll knee in and out as you make a ¼ turn to the left and step forward taking weight on the left foot (facing 6:00 wall)
3-4 Step right foot forward, lock left foot behind right, step right foot forward
5-6 Rock forward on left, recover weight to right
7-8 Touch left toe behind right, turn ½ left transferring weight to left foot (facing 12:00 wall)

Point-cross, point-cross, ½ Monterey turn, toe touch
1-2 Point right toe to right side, step right across left taking weight
3-4 Point left toe to left side, step left across right taking weight
5-6 Point right toe to right side, making a ½ turn right, bringing right foot next to left and taking weight
7-8 Point left toe to left side, touch left toe next to right

Styling Note – Music and dance are intended to be a little bit funky – have fun with this and add your own arm movments!