

You're the One for Me

October 17, 2003

Choreographed and Prepared by: Nancy A. Morgan

Dance Information: 32 Count, 4 Wall, Intermediate Dance, Smooth

Music: The Way you make Me Feel by Michael Jackson, CD: Center Stage (Music from the Motion Picture)

NO TAGS!

SIDE ROCK, CROSS SHUFFLE, SIDE ROCK, STEP BEHIND AND CROSS WITH ¼ TURN

1, 2 Side Rock Right to Right side and back to Left

3&4 Cross Right over Left as you Shuffle (Right, Left, Right)

5, 6 Side Rock Left to Left side and back to Right

7&8 Step Left behind Right, step Right to Right side as you turn ¼ turn to Right, step Left foot forward

FORWARD ROCK, ½ TURN SHUFFLE, 2 SAILOR SHUFFLES

1, 2 Rock forward on Right and back on Left

3&4 As you turn ½ turn to your Right, shuffle forward - Right, Left, Right (Lean hard on Right)

5&6 Sailor Shuffle - step Left behind Right, step Right to Right side, step Left to side and slightly forward

7&8 Sailor Shuffle - step Right behind Left, step Left to Left side, step Right to side and slightly forward

CAMEL WALK

1,2,3 Step Left foot forward with toe pointing towards 11:00, as you Lift heel off of floor, slide Right under Left with Right toe pointing at 1:00, lift Right heel off of floor as you set your Left heel down

4,5,6 Step Right foot forward with toe pointing towards 1:00, as you Lift heel off of floor, slide Left under Right with Left toe pointing at 11:00, lift Left heel off of floor as you set your Right heel down

7, 8 Step forward on Left, slide Right to Left

TOUCH OUT, ½ TURN TOUCH TOGETHER, TOUCH OUT, SWIVEL LEFT, SWIVEL FORWARD, SWIVEL LEFT, SWIVEL FORWARD, STEP FORWARD, TOUCH

1,2 Touch Right foot out to Right side, Swing Right foot around in ½ turn to Right as you put your Right next to your Left (1/2 Monterey)

3, 4 Touch Left toe out to Left side, Swivel both feet to Left (1/4 turn Left)

5, 6 Swivel both feet forward (1/4 Right), Swivel both feet to Left (1/4 Left)

7, 8 Stepping ¼ turn to your Right, slide Left to Right with a touch

START OVER!