

My Rainbow

Choreographed by **DJ Dan & Wynette Miller** (Feb 2006) Email: djdan_miller@hotmail.com

Choreographed to: Rock At The End Of My Rainbow by Heather Myles.

CD: Highways & Honky Tonks

Partner dance, 32 counts, beginner, 170 bpm.

Right side by side position. Same footwork.

Intro 16 counts. Start on the word "rock". I found a ...**rock**...

ROCKS, SCUFF; ROCKS, SCUFF

1-4 Rock right forward. Rock left back. Rock right forward. Scuff left.

5-8 Rock left forward. Rock right back. Rock left forward Scuff right.

STEP, HOLD, 1/2 PIVOT LEFT, HOLD; TWICE

Let go left hands, raise right hands.

1-4 Step right forward. HOLD. Pivot 1/2 turn left. HOLD.

5-8 Step right forward. HOLD. Pivot 1/2 turn left. HOLD.

Rejoin left hands. Right side by side position again.

CROSS ROCK, SIDE, HOLD; CROSS ROCK, SIDE, HOLD

1-2 Cross rock right over left. Recover weight onto left.

3-4 Step right to right side. HOLD.

5-6 Cross rock left over right. Recover weight onto right.

7-8 Step left to left side. HOLD.

STEP, LOCK, STEP, SCUFF; STEP, LOCK, STEP, SCUFF

1-4 Step right forward. Lock left behind right. Step right forward. Scuff left.

5-8 Step left forward. Lock right behind left. Step left forward. Scuff right.

Begin again....and have fun.

For 4 wall line dance.

Change the second 1/2 pivot turn into 1/4 pivot turn.