

Life Is A Highway

Choreographed by **DJ Dan & Wynette Miller** (April 2006) djdan_miller@hotmail.com

Choreographed to: **Life's Highway** by **Catherine Britt**. CD: Too Far Gone
Partner dance, 64 counts, beginner/intermediate, 190 bpm. Right side-by-side

Intro 32 counts

LEFT MAMBO FORWARD; RIGHT MAMBO BACK.

- 1-4 Rock left forward. Recover weight onto right. Step left next to right. HOLD.
- 5-8 Rock right back. Recover weight onto left. Step right next to left. HOLD.

RUMBA BOX.

- 1-4 Step left to left side. Step right next to left. Step left forward. HOLD.
- 5-8 Step right to right side. Step left next to right. Step right back. HOLD.

LOCK STEPS BACK LEFT & RIGHT.

- 1-4 Step left back. Lock right over left. Step left back. HOLD.
- 5-8 Step right back. Lock left over right. Step right back. HOLD.

LEFT COASTER STEP; RIGHT SHUFFLE FORWARD.

- 1-4 Step left back. Step right next to left. Step left forward. HOLD.
- 5-8 Step right forward. Step left together. Step right forward. HOLD

STEP-1/4 TURN-CROSS, CHASSE RIGHT.

- 1-4 Step left forward. Pivot 1/4 turn right. Cross left over right. HOLD.

Facing OLOD. Indian position.

- 5-8 Step right to right side. Step left next to right. Step right to right side. HOLD.

BEHIND-SIDE-CROSS; SIDE-TOGETHER-BACK.

- 1-4 Cross left behind right. Step right to right side. Cross left over right. HOLD.
- 5-8 Step right to right side. Step left next to right. Step right back. HOLD.

CHASSE WITH 1/4 TURN; RIGHT LOCK STEP FORWARD.

- 1-4 Step left to left side. Step right next to left. Step left 1/4 turn left. HOLD.

Facing LOD, Right side-by-side.

- 5-8 Step right forward. Lock left behind right. Step right forward. HOLD

LEFT LOCK STEP FORWARD; RIGHT LOCK STEP FORWARD.

- 1-4 Step left forward. Lock right behind left. Step left forward. HOLD.
- 5-8 Step right forward. Lock left behind right. Step right forward. HOLD

Begin again and have fun.