



Cyclone



Choreographed by **Rachael McEnaney (UK) & Deborah Szekely (USA)**
(August 2010)

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Description:	32 Counts, 2 Walls, Advanced line dance, west coast swing styling.
Music:	"Cyclone" – Ernie Halter (Album: Starting Over) (available on itunes) Approx 80bpm
Count In:	16 counts from start of track – dance begins on vocals
Notes:	There is 1 tag during the 3 rd wall. Dance first 16 counts, then add syncopated jazz box as below and restart from beginning – you will be facing 12.00 wall for restart.

Section	Footwork	End Facing
1 - 8	Diagonal step forward with body roll/hip circle, weave R with full turn L, R lunge, R jazz box with ¼ turn	
1 - 2	Take big step forward on right diagonal (<i>styling: body roll up or big hip circle counter clockwise</i>) (1), close left next to right (2)	12.00
3 & 4	Step right to right side (3), make 1/8 turn left stepping left behind right (&), make 1/8 turn left stepping back on right (4)	9.00
& 5	Make ½ turn left stepping forward on left (&), make ¼ turn left stepping right foot to right side (<i>bend right knee into lunge position</i>)	12.00
& 6	Push into right foot straightening right knee as you ripple body upwards (&), transfer weight onto left (6)	12.00
7 & 8	Cross right over left (7), make ¼ turn right stepping back on left (&), step right next to left (8)	3.00
9 - 16	Step L, lock R, full turn R, boogie walk L R, L mambo with L touch back, ½ turn L, shimmy, body dips	
& 1	Step forward on left (&), touch ball of right behind left (1) (<i>it will help next turn if you lock R foot as far to L of L foot as poss</i>)	3.00
2	Unwind full turn to right transferring weight onto right foot (2)	3.00
3 & 4 &	Step forward on left (3), step forward on right (&), rock forward on left (4), recover weight onto right (&)	3.00
<i>styling</i>	<i>On the 2 walks forward on counts 3& soften knees and push each hip out to side as you take the step. On the mambo with left foot you could add a body ripple forward on lyrics "body" on count 4</i>	
5 & 6 &	Touch left toe back (5), make ½ turn left transferring weight onto both feet (&) shimmy both shoulders – keep head looking to front wall (6&)	9.00
7 – 8	"Butt roll" – to create this action: bend both knees as if sitting down, lift 'tail bone' so push butt back, straighten knees butt returns to place – this is all done in 1 count so you will do it twice for counts 7 – 8	9.00
17 - 24	Ball walk, walk, R mambo, step back L, touch back, ¼ turn R, 2 and 1/2 turns left (or 1 ½ turns)	
& 1 2	Step left next to right (&), step forward on right (1), step forward on left (2)	9.00
3 & 4 &	Rock forward on right (3), recover weight onto left (&), step back on right (4), step back on left (&)	9.00
5 - 6	Touch right toe back (5), make ¼ turn right taking all weight into right foot as you prep upper body all way to right (6)	12.00
& 7 & 8 &	Make ¼ turn left stepping forward on left (&), make ½ turn left stepping back on right (closing) (7), make ½ turn left stepping forward on left (&), make ½ turn left stepping back on right (closing) (8), make ½ turn left stepping forward on left (&) <i>The reason I have written 'closing' as you take the step with right foot is this makes the turn faster if you close the feet for what is known as a chaine turn.</i>	9.00
Option:	Easy option for last 2 counts above: 7 & 8: Make ¼ turn stepping forward on left (7), make ½ turn stepping back on right (&), make ½ turn stepping forward on left (8)	
25 - 32	R press lunge, ½ turn R, R side L cross R side rock cross, L touch, ½ turn L, L ball cross, jazz box	
1 - 2	Make ¼ turn left pushing ball of right foot into floor with right knee bent (1), make ½ turn right on ball of left hitching right knee close to left calf (2)	12.00
3 & 4 & 5	Step right to right side (3), cross left over right (&), rock right to right side (4), recover weight onto left (&), cross right over left (5)	12.00
& 6	Touch left to left side (&), push off ball of left toe making ½ turn to left closing left towards right with no weight (6)	6.00
& 7 & 8	Step ball of left foot in place (&), cross right over left (7), step back on left (&), step right to right side (8), step forward on left (&)	6.00
TAG:	3rd wall. Begin 3rd wall facing 12.00 – dance the first 16 counts which will take you up to the butt roll	
1 & 2 &	Square up to face front wall crossing right over left (1), step back on left (&), step right to right side (2), step forward on left (&)	12.00
	Start again from the beginning!	