

ROCK STEADY

By: Ruben Luna & Jamie Marshall (04/10) - 1

Music: "Rock Steady" by: Aretha Franklin (3:07)

32 Counts/4 Walls – Low Intermediate

SIDE ROCK L, RECOVER, CROSS, ¼ L, DRAG HEEL, R FORWARD, WALK, FORWARD COASTER

1&2 Side rock L to L (1), Recover onto R (&), Cross L over R (2) (12:00)
3&4 Turn ¼ L, stepping R back (3), Drag L heel, taking weight on L (&), Step R forward (4) (9:00)
5,6 Step L forward (5), Step R forward (6)
&7,8 Step L forward (7), Step R next to L (&), Step L back (8) (9:00)

WALK BACK, ROCKING CHAIR W/ HEEL, ROCK, RECOVER, ½ L, ¼ L, TOUCH

9,10 Step R back (9), Step L back (10)
11&12& Rock R back (11), Recover onto L (&), Rock R forward with heel (12), Recover onto L (&)
13&14 Rock R back (13), Recover onto L (&), Turning ½ L, step R back (14) (3:00)
15,16 Turning ¼ L, step L to L (15), Touch R next to L (16) (12:00)

¼ L WITH HIP BUMPS (X2),

DOUBLE HIP BUMPS R, DOUBLE HIP BUMPS L

17&18 Turning ¼ L, lift R hip as bump to R (17), Bump to L (&), Step R to R, dropping hip (18) (9:00)
19&20 Turning ¼ L, lift H hip as bump to L (19), Bump to R (&), Step L forward, dropping hip (20) (6:00)
21&22 Step R to R, bumping hips to R (21), Bump hips to L (&), Bump hips to R (22)
23&24 Step L to L, bumping hips to L (23), Bump hips to R (&), Bump hips to L (24) (6:00)

KICK, BOOGIE WALK,

¼ R, STEP, ½ R, STEP BACK, KICK, REPLACE, TOUCH

25&26 Small kick R to R (lift up on ball of L) (25), Step R next to L (&), Step L forward
(bend knees and take hips and knees to L) (26) (6:00)
27,28 Step R forward (hips & knees to R) (27), Step L forward (hips & knees to L) (28) (6:00)
29,30 Turning ¼ R, step R forward (29) (9:00), Turning ½ R, stepping L back (30) (3:00)
31&32 Kick R forward (31), Step R next to L (&), Touch L next to R (32) (3:00)

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