

Off My Rocker (3/14/05)

By Todd Lescarbeau. Ph (413) 664-7115 Surgtech1@verizon.net

4-Wall Intermediate level AB phrased Line Dance (A – 32 counts, B – 16 counts)

Suggested Music: "Off My Rocker" by Billy Currington

Start dance on vocals DANCE SEQUENCE: A-B- AAA-B- AAA-B- A "A" repeats to end of song.

SECTION A

1 – 8 LINDY'S (Side triples with rocks)

1&2 3,4 Side triple R,L,R. Rock back on L, recover onto R

5&6 7,8 Side triple L,R,L. Rock back on R, recover onto L

9 – 16 SIDE ROCK, ¼ TURN, HOLD, ¼ TURN SIDE ROCK, ¼ TURN, HOLD

1,2,3, 4 Rock R to side (1), recover (2), turn ¼ right stepping on R (3) (Face 3:00), hold (4)

5,6,7,8 Turn ¼ right (facing 6:00) and rock side L (5), recover (6), turn ¼ left stepping on L (Facing 3:00) (7), hold (8)

17 – 24 STEP, PIVOT, LOCK-STEP, SHUFFLE FWD, ROCK

1,2,3,4 Step forward on R, pivot ½ to left, step forward on R, lock L behind R (Facing 9:00)

5&6 7,8 Shuffle forward R,L,R, Rock forward on L, recover on R turning ¼ left (6:00)

25 – 32 WEAVE WITH ¼ TURN, ¼ TURN SIDE ROCK, RECOVER, BRUSH

1,2,3,4 Step side left on L, step R over L, step side left on L, step R behind.

5,6,7,8 Step on L turning ¼ left (3:00)(5), turn ¼ left and rock to side right (6)(now facing 12:00)

Recover onto L (7), Brush R forward (8).

SECTION B

1 –8 TOE-STRUT, HEEL TOE, ¼ TURN STEP, BRUSHES

1,2 Cross- step ball of R over L, drop heel (*body should be angled slightly facing left*)

3,4 Tap L heel beside R, point toe down and tap (*L foot should point to a diagonal left*)

5,6,7,8 Turn ¼ to (face 9:00) and step on L, Brush R forward, brush back and across L, Brush R forward.

9 – 16 ROCK BACK, ½ TURNING SHUFFLE LEFT, **LARGE STEP, DRAG

1,2 Rock back onto R foot, Recover onto L starting a ½ turn to left.

3&4 Continue to turn to left as you shuffle R,L,R

Take a large step to left on L6,7,8 Draw R foot in for counts 6,7,8 (*Keep weight on Left foot*)

***The music breaks here with a 4 beat break.*