

Shrek "Happens"

Track #5, Best Years Of our Lives from the movie Sound track of Shrek

Phrased (A,B) Dance Smooth (Lilt)
32 counts 4 wall dance

Choreographers:
A.T.Kinson, Paul McAdams, and Malcolm White

Note : You will dance sections **a-b**, back to back, till the end of the song

SECTION [a]

Step-touch, Step-touch, Rock Across , Shuffle Left and Hold

- 1-4** Step L fwd on (1) Touch R heel out diagonally fwd to R on (2) Step R infront of L on (3)
Touch L heel out diagonally fwd to L on (4)
5-8 Rock L across R on (5) Recover weight to R on (&) Step L to L side on (6)
Step R next to L on (&) Step L to L side on (7) Hold count (8)

Step-touch, Step-touch, Rock Across, Shuffle Right 1/4 turn R and Hold

- 1-4** Step R infront of L on (1) Touch L heel out diagonally fwd to L on (2)
Step L infront of R on (3) Touch R heel out diagonally fwd to R on (4)
5-8 Rock R across L on (5) Recover weight to L on (&) Step R to R side on (6)
Step L next to R on (&) Step R to R side 1/4 turn R on (7) Hold count (8)

Fwd step 1/2 Turn R, Coaster Step, 1/4 R and vine, Rock Right, Rock Left

- 1-4** Step L fwd on (1) Turn body 1/2 R on (2) Step R back on (3) Step L next to R on (&)
Step R fwd on (4)
5-8 Turning 1/4 Right, step L to L side on (5) Cross R behind on (&) Step L to L side on (6)
Rock weight back to right foot on (7) Rock weight back to left foot on (8)

Step Across, 3/4 Turn Left, Coaster Step, Shuffle fwd, Fwd step, Spiral turn R-360%

- 1-4** Step R across L on (1) Turn body 3/4 L on (2) Step L back on (3) Step R next to L on (&)
Step L fwd on (4)
5-8 Step R fwd on (5) Step L fwd behind R on (&) Step R fwd on (6)
Step L fwd on (7) Spiral , Turn body 360% rightward, keep weight on L and release R heel.

Shrek " Happens " continued

SECTION [b]

Paddle Turn Right-360, Heel-Touch, Heel-Touch, Side Close and Clap

- 1-4 Paddle** , Turn 1/4 right, step R fwd on (1) Place ball of L out to L , but slightly back on (&)
Turn 1/4 right, step R fwd on (2) Place ball of L out to L , but slightly back on (&)
Turn 1/4 right, step R fwd on (3) Place ball of L out to L , but slightly back on (&)
Turn 1/4 right, step R fwd on (4)
- 5-8 Touch L heel fwd** on (5) Step L next to R on (&) Touch R heel fwd on (6)
Step R next to L on (&)
Step L out to left side on (7) Quickly drag/close Rf to Lf and Clap hands on (8)

Paddle Turn Left-360%, Heel-Touch, Heel Touch, Tap, Tap, 1/2 turn R & Tap

- 1-4 Paddle** , Turn 1/4 left, step L fwd on (1) Place ball of R out to R , but slightly back on (&)
Turn 1/4 right, step L fwd on (2) Place ball of L out to R , but slightly back on (&)
Turn 1/4 right, step L fwd on (3) Place ball of L out to R , but slightly back on (&)
Turn 1/4 right, step L fwd on (4)
- 5-8 Touch R heel fwd** on (5) Step R next to L on (&) Touch L heel fwd on (6)
Step L next to R on (&)
Tap toe of Rf back twice on (7,&) Turn on heel of Lf 1/2 R, and tap R toe fwd on (8)

Shuffle Fwd R, Shuffle Fwd L, R fwd, 1/2 Turn Left, Coaster Step

- 1-4 Step R fwd** on (1) Step L fwd behind R on (&) Step R fwd on (2) Step L fwd on (3)
Step R fwd behind L on (&) Step L fwd on (4)
- 5-8 Step R fwd** on (5) Turn body 1/2 L on (6) Step L back on (7) Step R next to L on (&)
Step L fwd on (8)

Shuffle Fwd R, Shuffle Fwd L, R fwd 1/2 Turn L, Step in-place, R fwd,Spiral R-360 %

- 1-4 Step R fwd** on (1) Step L fwd behind R on (&) Step R fwd on (2) Step L fwd on (3)
Step R fwd behind L on (&) Step L fwd on (4)
- 5-8 Step R fwd** and pivot 1/2 L on (5) Step L in place on (6)
Step R fwd on (7) Spiral , Turn body 360% leftward, keep weight on R and release L heel.