

Shifting Gears (a.k.a The Jackson Sway)

Choreographed by Moses Bourassa, Jr. & Barbara Frechette
32 count Beginners/Intermediate Partner/Couples Circle Dance
Music: Small Town Southern Man by Alan Jackson
Shiftwork by Kenny Chesney & George Strait
The more I drink by Blake Shelton
So not my Baby by Josh Turner
Santa Baby by Kellie Pickler
No Place like Home for the Holidays by Garth Brooks

Couple will start in Sweetheart Position.
Identical Footwork Unless noted !!!

Start of Dance

Toe-Heels, Coaster Steps

Step 1 touch left toe inwards towards right arch
Steps 2 Touch left heel forward
Steps 3&4 step back on left ,step back on right ,step forward on left
Step 5 Touch right toe inwards towards left arch
Step 6 touch right heel forward
Steps 7&8 Step back on right ,step back on left ,step forward on right

Hips Sways, 1/4 CCW Turning Shuffle, Modified Coaster step with 1/4 CCW Turn

Step 1 Step left forward and sway left hip forwards (weighted)
Step 2 step back on right and sway right hip backwards (weighted)
Couple will disconnect left hands as right hands goes over lady's head.
Steps 3& ... step forward on left ,step forward on right
Step 4 Step left making 1/4 CCW Turn
Couple with disconnect right hands & picking up left hands.
Steps 5& Step right to right side ,step left next to right
Step 6 step right back making 1/4CCW turn
Couple is now in a promenade position.
Steps 7&8 step back on left ,step back on right .step forward on left

Toe-Heels ,Coaster Steps

Step 1 touch right toe inwards towards left arch
Steps 2 Touch right heel forward
Steps 3&4 step back on right ,step back on left ,step forward on right
Step 5 Touch left inwards towards right arch
Step 6 touch left heel forward
Steps 7&8 Step back on left ,step back on right ,step forward on left

Forward Shuffles, Hips Sways, 1/2 CW Turning Shuffle

Steps 1&2 shuffle forward right ,left ,right
Step 3 Step forward on left and sway hips forward (weighted)
Step 4 Step back on right and sway hips backwards (weighted)
Couple will raise their left hands as lady goes under under them.
Steps 5& Step left making 1/4 CW turn ,step right next to left
Step 6 step forward on left making 1/4 CW Turn
Couple is back in Sweetheart Position to finish the dance.
Steps 7&8 Shuffle forward right ,left ,right

End of Dance